

Y DIRECTORS IN INITIAL MEETING

Leaders in Various Departments of Institution Outline Work for the Coming Year.

PHYSICAL DEPARTMENT BUSY

M. A. Cleerey Presents Chart of Activities to Be Covered During the Season.

The committee and directors of the Y. M. C. A. met at 6 o'clock last evening around the banquet tables and enjoyed their first fall get-together conference. The social hour proved to be enjoyable and afterward the different association committees presented an outline of their policies for the coming year. The report of the religious work committee was presented by Chairman E. B. McKeon, that of the educational committee by Chairman K. T. Anderson, the boys' work, A. J. Burton and M. A. Cleerey presented the plans for the physical work.

I. J. Green followed this with a report from the membership committee and C. J. Montgomery for the social work. A. J. Lindstrom, president of the association, presided and in the course of his introductory remarks outlined a plan of work which he felt it the duty of the association to undertake that would make it a well rounded work. Following the presentation of each report, a general discussion was entered into and many suggestions were brought out.

M. A. Cleerey was the first of the department managers to make a full report, and he outlined his work in the physical department for the coming year, summarizing it under heads thus as follows:

Object.

The object of the physical department of the Young Men's Christian Association is to promote by means of physical exercise, recreation and education, the highest physical, mental and moral efficiency of men and boys essential to the development of the best type of white Christian manhood.

Committees and Organization.

Physical department committee of seven members—Supervise all physical work for men and boys; adopt an annual policy; regular monthly meetings (date to be set).

Physical department advisory council is selected from the membership. The following sub-committees to make up the council: Religion, band, basketball, work, athletics, tennis, extension, inter-collegiate activities, aquatics, health and first aid.

Leader Corps.

The leaders' corps trains young men for Christian leadership in the physical work of the Young Men's Christian Association.

Leaders' objective—The object of the leaders' corps shall be to assist the physical department committee and the physical director of the association to study and promote physical training and to further Christian manhood in the membership of the association.

Singer leaders to meet on Mondays from 7 to 8 p.m.

Junior—Older boys and high school girls leaders to meet on Wednesdays from 4 to 5:15 p.m. on Saturday.

Newspaper and employed boys leaders to meet on Saturday from 1 to 2.

Young men's class leaders to meet at some convenient time.

Swimming leaders for men and boys to assist in teaching swimming, diving and other water sports to swimmers.

Gymnasium Classes.

Men's division—Business men's class to meet from 5 to 6:15 on Monday, Tuesday, Wednesday, Thursday and Friday. Busy men's class to meet from 6:15 to 7:15 on Monday, Wednesday and Friday. Senior gym class to meet Monday and Thursday from 5:15 to 9:30.

Boys' division—Prep class meets Saturday. Junior class meets Tuesday, Friday and Saturday. Older boys' class meets Monday, Thursday and Saturday. Newsboys' class meets Wednesday, Friday and Saturday. Employed boys' class meets Tuesday, Thursday and Saturday. High school class meets Monday, Wednesday and Thursday. Young men's class meets Tuesday, Wednesday and Friday.

Classes and Individual Instruction.

Organize tennis club, Organize tumbling and gymnastic class.

Individual instruction in body building and corrective work for men who need it.

Health Education.

Arrange health talks by prominent men, to which members and non-members shall be invited.

Five-minute health talks to men on gym floor.

Large health exhibit, using charts, etc.

Organize first aid class (cooperates with educational committee in working out the last two mentioned).

Athletics and Tournaments.

Athletes—Participate in the national Hexathlon athletic contest. Continue series of athletic contest in gymnasium classes. Conduct grammar

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school indoor athletic meet. Promote outdoor athletic contest for men and boy members. Promote noon hour shop athletics and play activities (co-operate with educational committee in last mentioned tournaments). Gymnasium class tournaments in basketball, indoor baseball and volleyball. Hand ball tournament for members.

Aquatics.

Swimming instructor for all boys' classes for period of nine months, Sept. 7 to June 7.

Mid-winter swimming campaign for members (Xmas holidays).

Free summer swimming campaign for members and others.

Inaugurate the work of the "water gymnasium."

Conduct class aquatics meets monthly.

Conduct big city "water carnival" in the river.

Emphasize the teaching of swimming and life saving.

Religion.

Annually and encourage attendance of gym men to religious meetings.

Physical director to conduct a men's Bible class.

Short practical religious talks to boys on gym floor.

Personal interview method to be worked out.

Examination.

Physical examination required of all members using physical privileges.

Physical examination given all dormitory residents.

That a personal interview be a part of all examinations.

That the physical director give all examinations.

Extension.

Continue the Sunday School Athletic League.

Basket ball, athletics, volley ball, and outdoor baseball.

Continue to cooperate with Rock Island Woman's Club in the playgrounds.

Furnish playground instructors.

Volunteer supervision of physical director.

Furnish instructors for extension work in churches where possible.

Health talks in factories.

Promote factory athletics and leagues.

Invite factories, stores, offices, etc., to participate in the gym work on evenings (cooperate with social committee in doing same).

Social Work.

Co-operate with social committee in carrying out a program of work.

Hold second annual "Hallowe'en gym frolic."

Gym socials for seniors' class at frequent intervals.

Special social features for business men's classes.

Hikes to nearby points for men in spring and summer.

Invite Mothers and Daughters to spend evening with senior and business men's classes for social and game parties.

Exhibitions.

Gym fest in November. Invite near-by associations.

New Year's open house and gym exhibition.

Valentine day demonstration of fancy drills and dances.

Circus in March or April.

Swimming exhibitions every two months.

Special Program.

Good work for all gymnasium classes.

Graded apparatus for all classes but business men and pros.

Co-operate with boys' department in conducting boys' camp.

Peninsular volley ball tournament.

Promote outdoor class work and teams on association playground.

Continue membership in the A. L. S. A.

Open the fall activities with a "get-together" banquet.

Have 75 per cent of the physical department members using their privileges.

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